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18.175 Theory of Probability  
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## Section 13

# Martingales. Doob's Decomposition. Uniform Integrability.

Let  $(\Omega, \mathcal{B}, \mathbb{P})$  be a probability space and let  $(T, \leq)$  be a linearly ordered set. Consider a family of  $\sigma$ -algebras  $\mathcal{B}_t, t \in T$  such that for  $t \leq u$ ,  $\mathcal{B}_t \subseteq \mathcal{B}_u \subseteq \mathcal{B}$ .

**Definition.** A family  $(X_t, \mathcal{B}_t)_{t \in T}$  is called a *martingale* if

1.  $X_t : \Omega \rightarrow \mathbb{R}$  is measurable w.r.t.  $\mathcal{B}_t$ ; in other words,  $X_t$  is *adapted* to  $\mathcal{B}_t$ .
2.  $\mathbb{E}|X_t| < \infty$ .
3.  $\mathbb{E}(X_u | \mathcal{B}_t) = X_t$  for  $t \leq u$ .

If the last equality is replaced by  $\mathbb{E}(X_u | \mathcal{B}_t) \leq X_t$  then the process is called a *supermartingale* and if  $\mathbb{E}(X_u | \mathcal{B}_t) \geq X_t$  then it is called a *submartingale*.

**Examples.**

1. Consider a sequence  $(X_n)_{n \geq 1}$  of independent random variables such that  $\mathbb{E}X_i = 0$  and let  $S_n = \sum_{i \leq n} X_i$ . If  $\mathcal{B}_n = \sigma(X_1, \dots, X_n)$  is a  $\sigma$ -algebra generated by the first  $n$  r.v.s then  $(S_n, \mathcal{B}_n)_{n \geq 1}$  is a martingale since

$$\mathbb{E}(S_{n+1} | \mathcal{B}_n) = \mathbb{E}(X_{n+1} + S_n | \mathcal{B}_n) = 0 + S_n = S_n.$$

2. Consider a sequence of  $\sigma$ -algebras

$$\dots \subseteq \mathcal{B}_m \subseteq \mathcal{B}_n \subseteq \dots \subseteq \mathcal{B}$$

and a r.v.  $X$  on  $\mathcal{B}$  and let  $X_n = \mathbb{E}(X | \mathcal{B}_n)$ . Then  $(X_n, \mathcal{B}_n)$  is a martingale since for  $m < n$

$$\mathbb{E}(X_n | \mathcal{B}_m) = \mathbb{E}(\mathbb{E}(X | \mathcal{B}_n) | \mathcal{B}_m) = \mathbb{E}(X | \mathcal{B}_m) = X_m.$$

**Definition.** If  $(X_n, \mathcal{B}_n)$  is a martingale and for some r.v.  $X$ ,  $X_n = \mathbb{E}(X | \mathcal{B}_n)$ , then the martingale is called *right-closable*. If  $X_\infty = X$ ,  $\mathcal{B}_\infty = \mathcal{B}$  then  $(X_n, \mathcal{B}_n)_{n \leq \infty}$  is called *right-closed*.

3. Let  $(X_i)_{i \geq 1}$  be i.i.d. and let  $S_n = \sum_{i \leq n} X_i$ . Let us take  $T = \{\dots, -2, -1\}$  and for  $n \geq 1$  define

$$\mathcal{B}_{-n} = \sigma(S_n, S_{n+1}, \dots) = \sigma(S_n, X_{n+1}, X_{n+2}, \dots).$$

Clearly,  $\mathcal{B}_{-(n+1)} \subseteq \mathcal{B}_{-n}$ . For  $1 \leq k \leq n$ , by symmetry,

$$\mathbb{E}(X_1 | \mathcal{B}_{-n}) = \mathbb{E}(X_k | \mathcal{B}_{-n}).$$

Therefore,

$$S_n = \mathbb{E}(S_n | \mathcal{B}_{-n}) = \sum_{1 \leq k \leq n} \mathbb{E}(X_k | \mathcal{B}_{-n}) = n\mathbb{E}(X_1 | \mathcal{B}_{-n}) \implies Z_{-n} := \frac{S_n}{n} = \mathbb{E}(X_1 | \mathcal{B}_{-n}).$$

Thus,  $(Z_{-n}, \mathcal{B}_{-n})_{-n \leq -1}$  is a right-closed martingale. □

**Lemma 28** *Let  $f : \mathbb{R} \rightarrow \mathbb{R}$  be a convex function. Suppose that either one of two conditions holds:*

1.  $(X_t, \mathcal{B}_t)$  is a martingale,
2.  $(X_t, \mathcal{B}_t)$  is a submartingale and  $f$  is increasing.

*Then  $(f(X_t), \mathcal{B}_t)$  is a submartingale.*

**Proof.** 1. For  $t \leq u$ , by Jensen's inequality,

$$f(X_t) = f(\mathbb{E}(X_u | \mathcal{B}_t)) \leq \mathbb{E}(f(X_u) | \mathcal{B}_t).$$

2. For  $t \leq u$ , since  $X_t \leq \mathbb{E}(X_u | \mathcal{B}_t)$  and  $f$  is increasing,

$$f(X_t) \leq f(\mathbb{E}(X_u | \mathcal{B}_t)) \leq \mathbb{E}(f(X_u) | \mathcal{B}_t),$$

where the last step is again Jensen's inequality. □

**Theorem 30** (Doob's decomposition) *If  $(X_n, \mathcal{B}_n)_{n \geq 0}$  is a submartingale then it can be uniquely decomposed*

$$X_n = Z_n + Y_n,$$

*where  $(Y_n, \mathcal{B}_n)$  is a martingale,  $Z_0 = 0$ ,  $Z_n \leq Z_{n+1}$  almost surely and  $Z_n$  is  $\mathcal{B}_{n-1}$ -measurable.*

**Proof.** Let  $D_n = X_n - X_{n-1}$  and

$$G_n = \mathbb{E}(D_n | \mathcal{B}_{n-1}) = \mathbb{E}(X_n | \mathcal{B}_{n-1}) - X_{n-1} \geq 0$$

by the definition of submartingale. Let,

$$H_n = D_n - G_n, \quad Y_n = H_1 + \dots + H_n, \quad Z_n = G_1 + \dots + G_n.$$

Since  $G_n \geq 0$  a.s.,  $Z_n \leq Z_{n+1}$  and, by construction,  $Z_n$  is  $\mathcal{B}_{n-1}$ -measurable. We have,

$$\mathbb{E}(H_n | \mathcal{B}_{n-1}) = \mathbb{E}(D_n | \mathcal{B}_{n-1}) - G_n = 0$$

and, therefore,  $\mathbb{E}(Y_n | \mathcal{B}_{n-1}) = Y_{n-1}$ . Uniqueness follows by construction. Suppose that  $X_n = Z_n + Y_n$  with all stated properties. First, since  $Z_0 = 0$ ,  $Y_0 = X_0$ . By induction, given a unique decomposition up to  $n-1$ , we can write

$$Z_n = \mathbb{E}(Z_n | \mathcal{B}_{n-1}) = \mathbb{E}(X_n - Y_n | \mathcal{B}_{n-1}) = \mathbb{E}(X_n | \mathcal{B}_{n-1}) - Y_{n-1}$$

and  $Y_n = X_n - Z_n$ . □

**Definition.** We say that  $(X_n)_{n \geq 1}$  is uniformly integrable if

$$\sup_n \mathbb{E}|X_n| < \infty \quad \text{and} \quad \sup_n \mathbb{E}|X_n| \mathbb{I}(|X_n| > M) \rightarrow 0 \quad \text{as } M \rightarrow \infty.$$

**Lemma 29** *The following holds.*

1. *If  $(X_n, \mathcal{B}_n)$  is a right-closable martingale then  $(X_n)$  is uniformly integrable.*
2. *If  $(X_n, \mathcal{B}_n)_{n \leq \infty}$  is a submartingale then for any  $a \in \mathbb{R}$ ,  $(\max(X_n, a))$  is uniformly integrable.*

**Proof.** 1. If  $X_n = \mathbb{E}(Y|\mathcal{B}_n)$  then

$$|X_n| = |\mathbb{E}(Y|\mathcal{B}_n)| \leq \mathbb{E}(|Y||\mathcal{B}_n) \quad \text{and} \quad \mathbb{E}|X_n| \leq \mathbb{E}|Y| < \infty.$$

Since  $\{|X_n| > M\} \in \mathcal{B}_n$ ,

$$X_n \mathbf{I}(|X_n| > M) = \mathbf{I}(|X_n| > M) \mathbb{E}(Y|\mathcal{B}_n) = \mathbb{E}(Y \mathbf{I}(|X_n| > M)|\mathcal{B}_n)$$

and, therefore,

$$\begin{aligned} \mathbb{E}|X_n| \mathbf{I}(|X_n| > M) &\leq \mathbb{E}|Y| \mathbf{I}(|X_n| > M) \leq K \mathbb{P}(|X_n| > M) + \mathbb{E}|Y| \mathbf{I}(|Y| > K) \\ &\leq K \frac{\mathbb{E}|X_n|}{M} + \mathbb{E}|Y| \mathbf{I}(|Y| > K) \leq K \frac{\mathbb{E}|Y|}{M} + \mathbb{E}|Y| \mathbf{I}(|Y| > K). \end{aligned}$$

Letting  $M \rightarrow \infty, K \rightarrow \infty$  proves that  $\sup_n \mathbb{E}|X_n| \mathbf{I}(|X_n| > M) \rightarrow 0$  as  $M \rightarrow \infty$ .

2. Since  $(X_n, \mathcal{B}_n)_{n \leq \infty}$  is a submartingale, for  $Y = X_\infty$  we have  $X_n \leq \mathbb{E}(Y|\mathcal{B}_n)$ . Below we will use the following observation. Since a function  $\max(a, x)$  is convex and increasing in  $x$ , by Jensen's inequality

$$\max(a, X_n) \leq \mathbb{E}(\max(a, Y)|\mathcal{B}_n). \quad (13.0.1)$$

Since,

$$|\max(X_n, a)| \leq |a| + X_n \mathbf{I}(X_n > |a|)$$

and  $\{|X_n| > |a|\} \in \mathcal{B}_n$  we can write

$$\mathbb{E}|\max(X_n, a)| \leq |a| + \mathbb{E}X_n \mathbf{I}(X_n > |a|) \leq |a| + \mathbb{E}Y \mathbf{I}(X_n > |a|) \leq |a| + \mathbb{E}|Y| < \infty.$$

If we take  $M > |a|$  then

$$\begin{aligned} \mathbb{E}|\max(X_n, a)| \mathbf{I}(|\max(X_n, a)| > M) &= \mathbb{E}X_n \mathbf{I}(X_n > M) \leq \mathbb{E}Y \mathbf{I}(X_n > M) \\ &\leq K \mathbb{P}(X_n > M) + \mathbb{E}|Y| \mathbf{I}(|Y| > K) \\ &\leq K \frac{\mathbb{E}\max(X_n, 0)}{M} + \mathbb{E}|Y| \mathbf{I}(|Y| > K) \\ \text{by (13.0.1)} &\leq K \frac{\mathbb{E}\max(Y, 0)}{M} + \mathbb{E}|Y| \mathbf{I}(|Y| > K). \end{aligned}$$

Letting  $M \rightarrow \infty$  and  $K \rightarrow \infty$  finishes the proof.  $\square$

Uniform integrability plays an important role when studying the convergence of martingales. The following strengthening of the dominated convergence theorem will be useful.

**Lemma 30** Consider r.v.s  $(X_n)$  and  $X$  such that  $\mathbb{E}|X_n| < \infty, \mathbb{E}|X| < \infty$ . Then the following are equivalent:

1.  $\mathbb{E}|X_n - X| \rightarrow 0$ ,
2.  $(X_n)$  is uniformly integrable and  $X_n \rightarrow X$  in probability.

**Proof.**  $2 \Rightarrow 1$ . We can write,

$$\begin{aligned} \mathbb{E}|X_n - X| &\leq \varepsilon + \mathbb{E}|X_n - X| \mathbf{I}(|X_n - X| > \varepsilon) \\ &\leq \varepsilon + 2K \mathbb{P}(|X_n - X| > \varepsilon) + 2\mathbb{E}|X_n| \mathbf{I}(|X_n| > K) + 2\mathbb{E}|X| \mathbf{I}(|X| > K) \\ &\leq \varepsilon + 2K \mathbb{P}(|X_n - X| > \varepsilon) + 2 \sup_n \mathbb{E}|X_n| \mathbf{I}(|X_n| > K) + 2\mathbb{E}|X| \mathbf{I}(|X| > K). \end{aligned}$$

Letting  $n \rightarrow \infty$  and then  $\varepsilon \rightarrow 0, K \rightarrow \infty$  proves the result.

$1 \Rightarrow 2$ . By Chebyshev's inequality,

$$\mathbb{P}(|X_n - X| > \varepsilon) \leq \frac{1}{\varepsilon} \mathbb{E}|X_n - X| \rightarrow 0$$

as  $n \rightarrow \infty$  so  $X_n \rightarrow X$  in probability. To prove uniform integrability let us first show that for any  $\varepsilon > 0$  there exists  $\delta > 0$  such that

$$\mathbb{P}(A) < \delta \implies \mathbb{E}|X|\mathbf{I}_A < \varepsilon.$$

Suppose not. Then, for some  $\varepsilon > 0$  one can find a sequence of events  $A(n)$  such that

$$\mathbb{P}(A(n)) \leq \frac{1}{2^n} \quad \text{and} \quad \mathbb{E}|X|\mathbf{I}_{A(n)} > \varepsilon.$$

Since  $\sum_{n \geq 1} \mathbb{P}(A(n)) < \infty$ , by Borel-Cantelli lemma,  $\mathbb{P}(A(n) \text{ i.o.}) = 0$ . This means that  $|X|\mathbf{I}_{A(n)} \rightarrow 0$  almost surely and by the dominated convergence theorem  $\mathbb{E}|X|\mathbf{I}_{A(n)} \rightarrow 0$  - a contradiction.

Given  $\varepsilon > 0$ , take  $\delta$  as above and take  $M > 0$  large enough so that for all  $n \geq 1$

$$\mathbb{P}(|X_n| > M) \leq \frac{\mathbb{E}|X_n|}{M} < \delta.$$

Then,

$$\mathbb{E}|X_n|\mathbf{I}(|X_n| > M) \leq \mathbb{E}|X_n - X| + \mathbb{E}|X|\mathbf{I}(|X_n| > M) \leq \mathbb{E}|X_n - X| + \varepsilon.$$

For large enough  $n \geq n_0$ ,  $\mathbb{E}|X_n - X| \leq \varepsilon$  and, therefore,

$$\mathbb{E}|X_n|\mathbf{I}(|X_n| > M) \leq 2\varepsilon.$$

We can also choose  $M$  large enough so that  $\mathbb{E}|X_n|\mathbf{I}(|X_n| > M) \leq 2\varepsilon$  for  $n \leq n_0$  and this finishes the proof.  $\square$